

## Trauma Sensitive Schools Resources, 2-17-21

### National Resources



**ACEs Connection:** ACEs in Education Community - <https://www.acesconnection.com/g/aces-in-education>



**Trauma and Learning Policy Initiative (TLPI)** - <https://traumasensitiveschools.org/>



**National Child Traumatic Stress Network** - <https://www.nctsn.org/trauma-informed-care/creating-trauma-informed-systems/schools>

### Arizona Resources



**AZ ACEs Consortium - Creating Trauma Sensitive AZ Schools Work Group** – <https://azaces.org/creating-trauma-sensitive-az-schools-work-group/>

Virtual monthly meetings to network, share resources, spread awareness of the impact of trauma, and increase support to ensure that children traumatized by ACEs succeed in school.

Meetings: 1st Wed. of each month 4:00- 5:30, virtually.



**AZ Department of Education** - <https://www.azed.gov/improvement/trauma-sensitive>  
Trauma Sensitive Resources

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### Arizona State University - Promoting Student Well-Being on-Demand Modules:

**Understanding the Impact of Trauma on Students** - teachers learn how trauma affects children biologically, emotionally, and academically with a resource that describes common behavioral and cognitive symptoms of trauma, as well as why these symptoms may occur. In order to provide meaningful support to students, teachers must first understand what trauma does to kids: <https://pll.asu.edu/p/node/210863>

**Supporting Trauma-Exposed Students** - teachers learn how to provide academic and behavioral support to children who have experienced trauma with a resource that describes different strategies and ideas for how to implement them. Through their daily work, teachers can help traumatized children heal: <https://pll.asu.edu/p/node/212320>



### Arizona Trauma Institute - <http://www.aztrauma.org/>

Trainings for organizations on trauma informed care and trauma sensitive treatment, as well as consultation for organizations that incorporating trauma informed care and trauma sensitive treatment within their organizational culture. These collaborative and tailor-made solutions build competence and confidence on the part of both professional and paraprofessional staff. Arizona Trauma Institute is approved by the National Board for Certified Counselors (NBCC) to grant continuing education credit for live workshops.



### CASA Center for Positive Change - <https://www.casacares.org/>

Programing in schools teaching children, teens and adults the social and emotional intelligence and healthy relationship skills needed to reach their fullest potential, while reducing meanness, bullying, abuse and violence. Casa's Programs for Children: Brighter Hearts. Kinder Minds for Kindergarten - 8th Grade, P.O.W.E.R. (Positive Outcome With Every Relationship) for 6th-12th Grade, and Kids Talk, No More Secrets for pre-school-6th Grade.



### Conscious Discipline - [www.consciousdiscipline.com](http://www.consciousdiscipline.com); [www.mindfuldiscipline.com](http://www.mindfuldiscipline.com)

Conscious Discipline is a whole-school solution for social-emotional learning, discipline and self-regulation. Conscious Discipline is a longtime leader in integrating classroom management and social-emotional learning. It utilizes everyday events rather than an external curriculum, and addresses the adult's emotional intelligence as well as the child's. Conscious Discipline empowers adults to consciously respond to daily conflict, transforming it into an opportunity to teach critical life skills to children. Conscious Discipline is evidence-based, and was named as a national model for character education by the Florida State Legislature.



### Gabriel's Angels

Gabriel's Angels inspires confidence, compassion, and best behaviors in at-risk children through pet therapy. Pet Therapy Teams visit Title One schools to intervene in children's lives and enhance their emotional behavioral development by teaching core behaviors - attachment, confidence, self-regulation, affiliation, empathy, tolerance, and respect.

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**International Rescue Committee (IRC), Phoenix** - <https://www.rescue.org/united-states/phoenix-az>

The IRC works with local organizations to provide opportunities for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants to rebuild their lives and thrive in America.



**MASK – Mothers Awareness on School age Kids** - <http://www.maskmatters.org/>

MASK's mission is to educate parents and children about issues facing our youth and to empower children to make safe, healthy choices. MASK's goal is to improve school climate, build healthy children, and strengthen parent-child bonds through psychoeducational information, classroom-based activities, practical tips on helping parents understand their child's experiences, and education on current trending topics through MASK the Magazine and MASK Academy.



**Mental Health First Aid** - <https://www.mentalhealthfirstaid.org/cs/take-a-course/find-a-course/>

Mental Health First Aid is an 8-hour course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders.



**Kohl's Mindful Me** - <https://www.phoenixchildrens.org/community/injury-prevention-center/mindful-me>

The mission of Kohl's Mindful Me is to empower and support children, families, and communities to achieve their full potential in health and wellness. Kohl's Mindful Me is a stress management and self-regulation community outreach program aimed at building childhood and family resiliency through positive parenting, yoga, mindfulness and gardening.



**PAX Good Behavior Game**

PAX Good Behavior Game (PAX GBG) is a school-based, classroom intervention used by teachers to teach self-regulation. It is not a set of lessons or curriculum, but strategies teachers use throughout their day to build students' behavioral skills and stamina for focused attention and self-regulation. Longitudinal research by Johns Hopkins University, has shown that students who received PAX Good Behavior Game are more likely to experience success in school and significantly less likely to experience difficulty with substance abuse or addiction. PAX GBG can be implemented by teachers in traditional classrooms as well as Virtual/Distance-learning settings. It can also be adapted to support teachers and students to create nurturing environments in hybrid or social distance classroom settings.



**Peer Solutions** – <http://www.peersolutions.org/>

Peer Solutions' program, STAND & SERVE, is a Trauma Informed Primary Prevention (TIPP) best practice designed to address and prevent Adverse Childhood Experiences before they begin. Weekly programming takes place during lunch, after school and the summer. Young people are provided tools to survive and thrive while working together to make the world a better place to live, go to school, work and play. Students also serve on panels and facilitate webinars and workshops for professionals including nurses, school staff, counselors and psychologists.

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### **Positive Behavior Interventions and Supports of AZ** - <http://pbisaz.org/>

Official statewide PBIS organization dedicated to building AZ capacity through partnership with the national PBIS.org center. Dozens of organizations within Arizona make up the PBISaz Advisory Council to help increase awareness about PBIS and the positive outcomes it brings to students, schools, districts, behavioral health and mental health organizations, juvenile corrections, centers for youth and families. **PBIS (Positive Behavioral Interventions and Supports)** is a multi-level program that helps school adopt and organize evidence-based behavioral interventions in a way that helps all students achieve academically and behaviorally. **PBIS IS NOT** a packaged curriculum that is used the same way for every student.

### **Restorative Justice** – [http://www.aasa.org/uploadedFiles/Childrens\\_Programs/RJ\\_ResourceGuide\\_9.15.14.pdf](http://www.aasa.org/uploadedFiles/Childrens_Programs/RJ_ResourceGuide_9.15.14.pdf)

Resource Guide for Schools with principles and practices to respond to student misconduct, with goals of repairing harm and restoring relationships. Both theory and practice emphasize importance of: (1) identifying the harm, (2) involving all stakeholders to their desired comfort level, and (3) true accountability—taking steps to repair the harm and address its causes to the degree possible.



**Sanford Harmony** - <http://www.sanfordharmony.org/>: The goal of Harmony is to incorporate specialized teaching strategies into classroom activities—from preschool through sixth grade—in an effort to reduce bullying, and help develop the youth of today into tolerant, compassionate, and caring adults for the future.



school connect

### **School Connect** - [www.schoolconnectaz.org](http://www.schoolconnectaz.org)

School Connect is a nonprofit organization that helps children reach their full potential by building relationships between the community and schools. School Connect researches and develops the best practices to build a supportive, collaborative community around schools utilizing the principles of “Asset Based Community Development” to focus on what various partners have to offer, and how to use the best assets of the community to build sustainable, mutually beneficial relationships.



**Voices for Safety** - <http://voicesforsafety.com/>: Voices for Safety is a primary child abuse and neglect prevention program offered to kindergarten and preschool children and their caregivers. It was designed to keep children safe by building resilience and reducing risk. The Voices for Safety program can be administered in schools or other child serving organizations and was developed in partnership with Head Start parents, teachers and administrators.