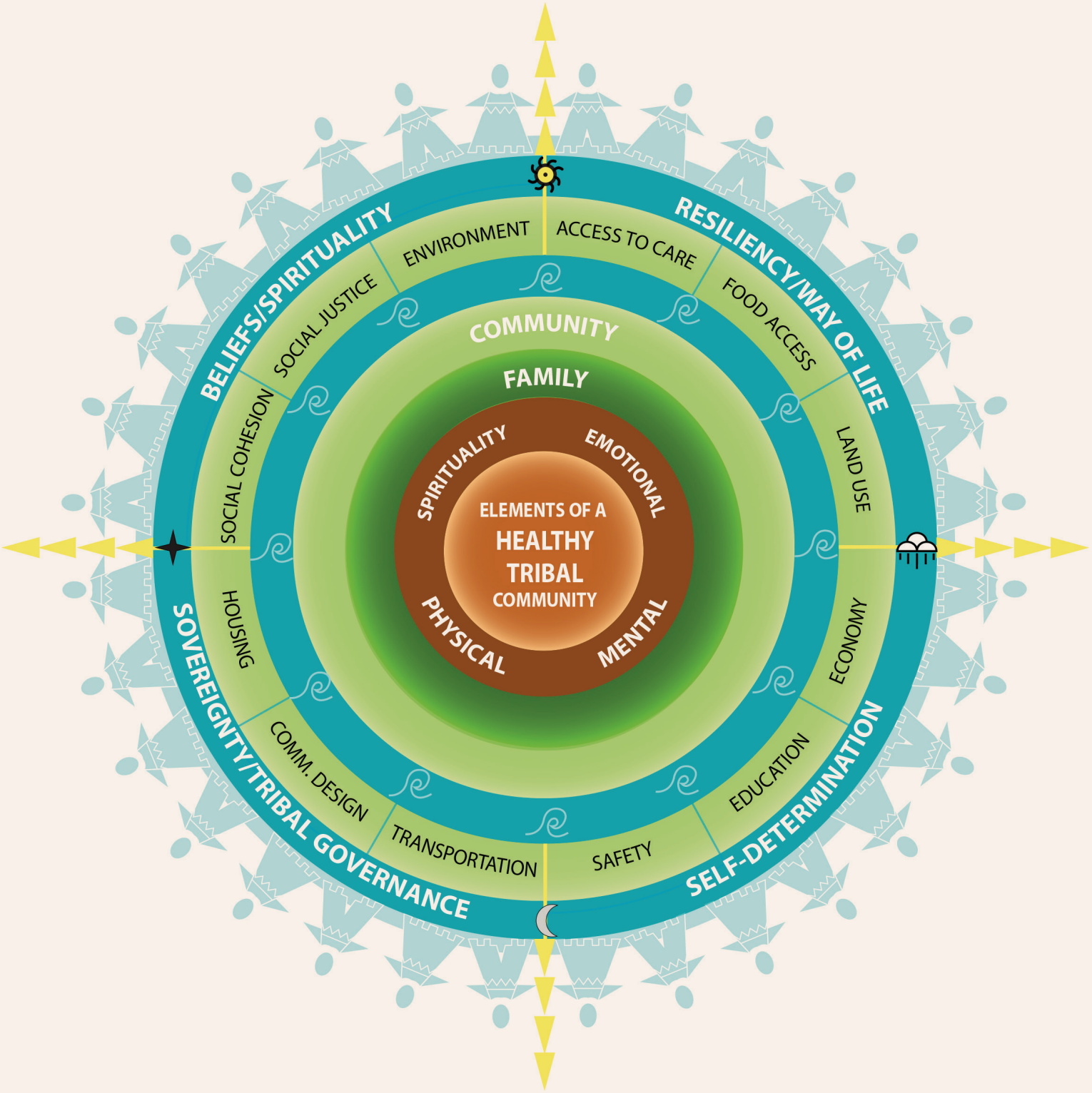ELEMENTS OF A HEALTHY TRIBAL COMMMUNITY